

Biblical Understanding of Pain in our lives.

23rd Jan, 2022

There will be pain in this world

John 16:33 I have told you this so that through me you may have **peace**. In the world **you will have trouble, but be courageous**—I have overcome the world!"

1. PAIN IN THIS LIFE IS CERTAIN:

Job 14:1 Man who is born of woman is of few days and full of trouble.

Ecclesiastes 2:23 For all his days are sorrowful, and his work burdensome; even in the night his heart takes no rest. This also is vanity.

2. ALL PAIN IN LIFE IS DESERVED:

Romans 3:10 As it is written: "**There is none righteous, no, not one;**

Romans 3:23 for **all have sinned and fall short of the glory of God,**

Genesis 2:17 **but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall surely die.**

Genesis 3:16-19 He told the woman, "I'll greatly increase the **pain** of your labor during childbirth; it will be **painful** for you to bear children. "Your trust turns toward your husband, yet he will dominate you." 17 He told the man, "Because you have listened to what your wife said, and have eaten from the tree about which I commanded you, 'You must not eat from it,' cursed is the ground because of you. You'll eat from it through **pain-filled** labor for the rest of your life. 18 It will produce thorns and thistles for you, and you'll eat the plants from the meadows. 19 You will eat food by the sweat of your brow until you're buried in the ground, because you were taken from it. You're made from dust and you'll return to dust."

Romans 1:18 For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who suppress the truth in unrighteousness,

Genesis 6:5 Then the LORD saw that the wickedness of man was great in the earth, and that **every intent of the thoughts of his heart was only evil continually.**

3. ALL PAIN IS SOVEREIGNLY ADMINISTERED:

Ephesians 1:11 In Him also we have obtained an inheritance, being predestined according to the purpose of Him who works all things **according to the counsel of His will,**

Psalms 115:3 **But our God is in heaven; He does whatever He pleases.**

Genesis 45:4 And Joseph said unto his brethren, Come near to me, I pray you. And they came near. And he said, I am Joseph your brother, whom ye sold into Egypt. 5 Now therefore be not grieved, nor angry with yourselves, that ye sold me hither: for **God did send me** before you to preserve life⁷ And **God sent me** before you to preserve you a posterity in the earth, and to save your lives by a great deliverance. 8 So now it was not you that sent me hither, **but God**: and he hath made me a father to Pharaoh, and lord of all his house, and a ruler throughout all the land of Egypt.

Job 2:3-10 And the LORD said unto Satan, Hast thou considered my servant Job, that there is none like him in the earth, a perfect and an upright man, one that feareth God, and escheweth evil? and still he holdeth fast his integrity, although thou movedst me against him, to destroy him without cause. 4 And Satan answered the LORD, and said, Skin for skin, yea, all that a man hath will he give for his life. 5 But put forth thine hand now, and touch his bone and his flesh, and he will curse thee to thy face. 6 And the LORD said unto Satan, Behold, he is in thine hand; but save his life. 7 So went Satan forth from the presence of the LORD, and smote Job with sore boils from the sole of his foot unto his crown. 8 And he took him a potsherd to scrape himself withal; and he sat down among the ashes. 9 Then said his wife unto him, Dost thou still retain thine integrity? curse God, and die. 10 But he said unto her, Thou speakest as one of the foolish women speaketh. What? shall we receive good at the hand of God, and shall we not receive evil? In all this did not Job sin with his lips.

2 Corinthians 12:4 How that he was caught up into paradise, and heard unspeakable words, which it is not lawful for a man to utter. 7 And lest I should be exalted above measure through the abundance of the revelations, there was given to me a **thorn in the flesh**, the **messenger of Satan to buffet me**, lest I should be exalted above measure.

4. PAIN HAS A **PURPOSE** IN OUR LIVES:

1. Pain can be warning sign:

1 Corinthians 11:29-30 For he who eats and drinks in an unworthy manner eats and drinks judgment to himself, not discerning the Lord's body. 30 For this reason many are **weak** and **sick** among you, and many **sleep**.

Romans 13:2 Therefore whoever resists the authority resists the ordinance of God, and those who resist **will bring judgment on themselves.**

2. Pain helps to mature us in our practical Christian lives:

Hebrews 12:5-6 And you have forgotten the exhortation which speaks to you as to sons: "My son, do not despise the chastening of the LORD, Nor be discouraged when you are rebuked by Him; 6 For whom the LORD loves He chastens, And scourges every son whom He receives.

3. Pain weans us from self-reliance:

2 Corinthians 1:9 Yes, we had the sentence of death in ourselves, that **we should not trust in ourselves but in God** who raises the dead,

4. Our Pain can be a testimony:

Philippians 1:12 But I want you to know, brethren, **that the things which happened to me have actually turned out for the furtherance of the gospel,**

5. Our pain helps us to develop our capacity and sympathy in comforting others:

2 Corinthians 1:3-5 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our tribulation, that **we may be able to comfort those who are in any trouble**, with the comfort with which we ourselves are comforted by God. 5 For as the sufferings of Christ abound in us, so our consolation also abounds through Christ.

6. Pain and affliction reveal spiritual needs:

Psalms 119:67 Before **I was afflicted** I went astray, But now I keep Your word.
2 Corinthians 12:7 And lest I should be exalted above measure by the abundance of the revelations, a thorn in the flesh was given to me, a messenger of Satan to buffet me, lest I be exalted above measure.

7. We go through pain to bring glory to God:

John 9:1-2 Now as Jesus passed by, He saw a man who was blind from birth. 2 And His disciples asked Him, saying, "**Rabbi, who sinned, this man or his parents, that he was born blind?**"

John 9:3-5 Jesus answered, "**Neither this man nor his parents sinned, but that the works of God should be revealed in him.**" 4 "I must work the works of Him who sent Me while it is day; the night is coming when no one can work. 5 "As long as I am in the world, I am the light of the world.

Romans 8:28 And **we know that all things work together for good to those who love God, to those** who are the called according to His purpose.

No Pain in the world to come

Revelation 21:3-4 And I heard a great voice out of heaven saying, Behold, the tabernacle of God is with men, and he will dwell with them, and they shall be his people, and God himself shall be with them, and be their God. 4 And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, **neither shall there be any more pain**: for the former things are passed away.